



WESTCHESTER LCSW
COUNSELING SERVICES, PLLC

CHILD INFORMATION FORM

Westchester Counseling Services, PLLC

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CHILD INFORMATION FORM

Today's date: ___/___/___

Note: If your child has been a client here before, please fill in only the information that has changed.

A. Identification

Child's full name: _____ Date of birth: ___/___/___

Nicknames: _____

Child's legal guardian: _____ Person(s) completing this form:

Disability status: _____ Talk about later

Gender identity: _____ Talk about later

Sexual orientation: _____ Talk about later

Racial/ethnic identities: _____ Talk about later

Religious/spiritual traditions or identity: _____ Talk about later

Other ways you identify your child and consider important: _____

B. Family information

Mother/guardian: _____ Age: _____

Best phone number: _____ Other phone number: _____

Address: _____

Email: _____ Occupation: _____

Employer: _____ Location: _____

Father/guardian: _____ Age: _____

Best phone number: _____ Other phone number: _____

Address: _____

Email: _____ Occupation: _____

Employer: _____ Location: _____

Parents are currently (circle): Married Divorced Separated Remarried to others
Never married Other: _____

Client lives with (circle): Mother Father Relative Guardian Other: _____

Who has legal custody* of this child? (circle) Mother Father Both/either/shared
Relative Guardian Other: _____

*Please bring custody or court papers to the first appointment if they exist.

Members of the household and other important persons in the child's life:

| Name | Relation | Age | Sex | Health, behavioral or learning difficulties? | Last grade in school completed, or works as a . . . | How does this person get along with the child? |
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C. Emergency information

If some kind of emergency arises and we cannot reach you directly, or we need to reach someone close to you, whom should we call?

Name: _____ Phone: _____

Relationship: _____ Address: _____

D. Referral

Who gave you my name to call?

Name: _____ Phone: _____

Address: _____

How did this person explain how I might be of help to you? _____

Is this person's relationship with you (circle) personal or professional?

If professional, may I have your permission to thank this person for the referral? Yes No

Should I consult with this person about the referral? Yes No

E. Current problems or difficulties

Please describe the main difficulties that led to your bringing this child to see me:

When did these problems start? _____

What makes these problems worse? _____

What makes these problems better? _____

With therapy, how long do you think it will take for these to get a lot better?

F. Development

1. *Pregnancy and delivery*

Prenatal medical illnesses or problems: _____

Maternal substance use (circle): Alcohol Tobacco Medications Other drugs

Maternal stressors: _____

Was the child premature? (circle) No Yes, by ____ weeks. Birth weight: _____ Birth length: _____

Birth complications or problems? _____

2. *The first few months of life*

Breast-fed? No If yes, for how long? _____ Feeding problems? _____

Allergies? _____ Sleep patterns or problems: _____

Relationship with mother: _____

3. *Milestones*

At what age did this child do each of these?

Sat without support: _____ Crawled: _____

Walked without holding on: _____ Helped when being dressed: _____

Ate with a fork: _____ Stayed dry all day: _____

Didn't soil his or her pants during day: _____ Stayed dry all night: _____

Tied shoelaces: _____ Buttoned buttons: _____ Slept alone: _____

Rode bicycle: _____

4. Speech/language development

Age when child said first word understandable by a stranger: _____

Said first sentence understandable to a stranger: _____

Any current speech, hearing, or language difficulties? _____

5. Any other current concerns about development? _____

G. Homes/residences

If the child was ever placed out of a home, see item 10 under section I, below.

| Child's age when moved | Location | Lived with whom? | Reason for moving | Problems there |
|------------------------|----------|------------------|-------------------|----------------|
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H. Education

How many years of schooling has your child had (including preschool and kindergarten)?
years.

| From (date) | To (date) | School's name and district | Teacher | Special classes or supports? | Did your child graduate? |
|-------------|-----------|----------------------------|---------|------------------------------|--------------------------|
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May I call and discuss your child with the current teacher? No Yes

If yes, phone number: _____

Does the child like school? Yes No

What are the child's grades? _____

Have teachers ever expressed concerns about the child's academic performance, behavior, social relationships, or emotional state? _____

Has your child ever had any disciplinary issues at school? If yes, explain _____

Does the child have academic goals for the future? _____

Do they differ from your goals? _____

I. Health and medical care

1. How is your child's general level of health? Excellent Good Fair Poor

2. Pediatrician/PCP/Clinic/doctor's name: _____
Phone: _____ Address: _____

• If your child enters treatment with me for mental health concerns, may I tell your child's medical doctor/PCP, so that he or she can be fully informed and we can coordinate your child's treatment? Yes No

• If your child sees other doctors or clinics, please check here and write their names, addresses, and phone numbers on the back of this page.

3. List all childhood illnesses, hospitalizations, medications, allergies, important injuries, surgeries, periods of loss of consciousness, convulsions/seizures, and other medical conditions.

| Condition | Age, or from-and-to ages | Treated by whom? Mark the primary care provider (PCP) with a star. | Effects/outcome |
|-----------|--------------------------|--|-----------------|
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4. List all medications, drugs, or other substances your child has taken in the last year—prescribed medications, over-the-counter vitamins, supplements, herbs, and others.

| Medication | Dosage? And how often? | For what condition? | When started? | Effects/outcome | Prescribed and supervised by whom? |
|------------|------------------------|---------------------|---------------|-----------------|------------------------------------|
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5. Describe your child's allergies to medications or anything else.

| Allergic to | Allergic reaction | Treatment and medications |
|-------------|-------------------|---------------------------|
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6. Has your child ever received inpatient or outpatient psychological, psychiatric, drug or alcohol treatment, medications or counseling services before? No Yes

If yes, please indicate:

| For what (diagnoses)? | From (date) | To (date) | Name of doctor, provider, or agency and location | What kind of treatment? | With what results? |
|-----------------------|-------------|-----------|--|-------------------------|--------------------|
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7. Has any other family member been hospitalized for a psychiatric, emotional, or substance use disorder? No Yes

If yes, please indicate below in the chart:

| Name of family member | For what (diagnoses)? | What kind of treatment? | From (date) | To (date) | With what results? |
|-----------------------|-----------------------|-------------------------|-------------|-----------|--------------------|
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8. Describe any substance abuse or mental illness in family members (who, relationship, disorder, currently active?): __

9. Has the child had any residential placements, institutional placements, or foster care?

No

Yes

If yes, please indicate below:

| Age entered | Age left | Program's name | Reason for placement | Problems there |
|-------------|----------|----------------|----------------------|----------------|
| | | | | |
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10. Other important family issues (losses, adoption, stepparents, other relatives):

J. Abuse history

Note: If I suspect that there is or has been abuse, I have to report that. Please be aware of this as you answer the questions below, or leave them blank.

- This child was not abused in any way.
- This child may have been abused.
- This child was abused.

For the kind of abuse, use these letters: P = Physical, such as beatings; S = Sexual, such as touching/molesting, fondling, or intercourse; N = Neglect, such as failure to feed, shelter, or protect; E = Emotional, such as humiliation, etc.

| Child's age | Kind of abuse | By whom? Intimate partner? Relative? Sibling? Other (specify)? | Effects on the child? | Whom did the child tell? | What happened then? |
|-------------|---------------|---|-----------------------|--------------------------|---------------------|
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K. Chemical use by your child

1a. How many caffeine drinks are consumed by your child each day (coffee, tea, colas, energy drinks, etc.)?

1b. How often each week are medications (prescription or over the counter) or energy drinks or other chemicals used for alertness?

2. How much tobacco is smoked or chewed each week? Kind: _____Amount

3. How many drinks of beer, wine, or liquor are consumed by your child in a typical week?

4. Did he or she ever drink to unconsciousness, or run out of money because of drinking? No
Yes

5. Has your child ever used inhalants (“huffing”), such as glue, gasoline, or paint thinner? No
Yes If yes, which and when?

6. Which drugs (not medications prescribed for the child) have been used in the last 5 years?

7. Do you think that your child has a drug or alcohol problem? No Yes. If yes, what kind?

L. Legal history

1. Are you or your child presently being sued, suing anyone, or thinking of suing anyone?

No Yes If yes, please explain: _____

2. Is your reason for bringing the child to see me related to an accident or injury?

No Yes If yes, please explain: _____

3. Are you or your child required by a court, the police, or a probation/parole officer to have this appointment?

No Yes If yes, please explain: _____

4. List any contacts with the police, courts, and jails/prisons that you have had, or that your child has had. Include all open charges and pending ones. Under "Jurisdiction," write in a letter: F = Federal, S = State, CO = County, CI = City. Under "Outcome," write in the time and the type of sentence you or the child served or must serve: CD = Charges Dropped, AR = Accelerated Release or Alternative Resolution, CS = Community Service, F = Fine, I = Incarceration (jail or prison), PR = Probation, P = Parole, R = Restitution, O = Other.

| <u>Date</u> | <u>Charge/arrest</u> | <u>Jurisdiction</u> | <u>Outcome</u> | <u>Probation/parole officer's name</u> | <u>Attorney's name</u> |
|-------------|----------------------|---------------------|----------------|--|------------------------|
| | | | | | |

5. Your current attorney's name: _____ Phone: _____

6. Are there any other legal involvements? No Yes If yes, please explain: _____

M. Special skills or talents of the child

List hobbies, readings, sports, recreational, musical, TV, and toy preferences, etc.:

N. Friends of the child

How many? Their gender: Only same Both Only other

Their ages: About the same as my child Mostly older Mostly younger

Activities with friends: _____

Influence of friends on child: Positive Negative Specifics: _____

O. Other

Is there anything else that is important for me as your child's therapist to know about, and that you have not written about on any of these forms? Yes, and I have written about it on the back of this page or another sheet of paper.

Please do not write below this line.

P. Follow-up by clinician (clinician to fill out)

Based on the responses above and on

interview data records I reviewed other information: _____,

I have requested the client's parent/guardian to complete and/or I have completed the following forms: Chemical use Risk assessment Other: _____

- Entered child and parent/guardian's numbers and emails
- Entered child into birthday book

This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.
